



## 2021 COVID-19 INFORMATION PACKET

Dear Parents/Guardians,

The following pages contain information regarding some of the York County Youth Football Association's (YCYFA) procedures and resources for COVID-19. This packet includes standardized procedures we will follow as well as what each organization within the YCYFA should also follow. This will allow you to know what the procedures and communications will be ahead of time. As a parent/guardian of a YCYFA, you play a critical role in mitigating the spread of COVID-19 within our association. We ask you to carefully review the Parent/Student Expectations, and to review them with your participants.

Additionally, should your participant be exposed to anyone outside of school, who tests positive for COVID-19, please contact your player's organization. The YCYFA will not make any decisions regarding exposure, positive cases or quarantine. We are confident that by working together, we can create a football environment where players feel safe and supported during this pandemic.

Please feel free to contact us if you have any questions or concerns.

Sincerely,

YCYFA Executive Board Members

## **Expectations for Parents/Guardians:**

1. Check with the participant before they leave to come to practice for signs or symptoms that could potentially be from COVID-19. If your participant has any of the signs or symptoms above, **DO NOT SEND THEM TO PRACTICE**. Absences due to illness will be excused. As always, notify your coach when missing practice. Some of the symptoms to look for are:
  - Fever, chills, cough, shortness of breath, difficulty breathing, extreme fatigue, muscle aches, body aches, headache, New loss of taste or smell, Sore throat, Congestion, runny nose, nausea, vomiting, diarrhea
2. Be available during practice for contact from your child's coach. Make sure all contact information is up to date with your organization. Update emergency contacts in the event you cannot be reached.
3. Read and Sign the YCYFA Waiver of Liability for your participant.
4. Review Student Expectations below

## **Player Expectations:**

1. Communicate with your parent\guardian, coaches and administrators about any of the signs and symptoms listed above.
2. **Follow all individual organization safety precautions** outlined in your organizations Health and Safety Plan. Please contact your organizations board for a copy. Some helpful hints:
  - Hand washing - For 20 seconds. Sing alphabet twice. Use sanitizer when hand washing is not available.
  - Social Distance - 3 feet when practical or to the extent possible
  - Do not share water bottles

## **Organization Guidelines:**

1. Organizations are expected to produce a COVID-19 plan with policies outlining the rules are to be followed within your program. This will include procedures at facilities and expectations for visiting teams. This plan should be emailed to the league and will be made available to all organizations within the league. Program directors should communicate directly with visiting teams to review specific policies prior to the day of the game.
2. Follow the CDC recommended quarantine and procedures that are in place at the time of the COVID-19 case. Organizations should seek guidance from local health department.
3. When possible, social distance at least 3 feet apart.
4. Properly clean all shared equipment such as tackle dummies, blocking pads, etc.
5. No shared water bottles even on game day.
6. **It is the responsibility of the organization with the positive player or coach to notify the director of any team that was potentially exposed. Individual organizations will then make decisions regarding quarantine and testing.**
7. Any participant that tests positive or has close contact should serve quarantine as directed by local health department and\or their physician.

8. It is the responsibility of **individual organizations** to determine quarantine guidelines. You may contact your local health department for guidance.
9. It is the responsibility of individual organizations to verify their players are cleared to play and free of communicable disease.
10. **The YCYFA will not make determinations regarding quarantine.** All covid related questions will be referred to the health department.
11. When a game needs to be rescheduled the organization will email the opposing team, Chad Dotzel, Dave Glass & Jess Cramer to inform them of the cancellation. Cancelled games are not guaranteed to be made up.
12. **The privacy of the participant involved must be kept confidential.** At no time should a name, jersey number, position or any other identifying information be released to anyone.
13. Contact tracing is voluntary and not mandatory according to the PA Department of Health. Participants will contact the health department directly for contact tracing.
14. If you believe a participant has exposed a referee or medic, your contact will be Chad Dotzel.

**We would like to reiterate that the YCYFA is in place to facilitate youth football in York County, PA. We are dedicated to providing a structured environment for your child to learn and grow. We are not a health organization and will always defer to medical professionals. We are here to support each organization in their efforts.**

**Definitions\Resources:**

**Exposure:** Close contact to COVID-19 occurs when you are **within six feet of someone** who is showing symptoms of COVID-19, for at least 15 minutes continuously, or an infected person who shows no symptoms but later tests positive for the coronavirus.

[www.health.pa.gov](http://www.health.pa.gov)